

Exploring Our Coda Identities:

How Do Our “Coda Parts” Impact Us at Home, School & Work (ie: Interpreting)

RID
1.55
CEUs

Presented by: Sheila Jacobs, MFT

Date: Fri 9/22/17 (5pm check-in) 7pm Program; to Sunday 9/24/17, 1:30 pm

Workshop Location: EarthRise Center, 101 Antonio Rd, Petaluma, Ca.94952



Workshop Description: The Field of Mental Health has long recognized that individuals have many roles in their life and often feel pulled and in conflict between these various ‘parts’ of themselves (masculine/feminine; mother/wife; mother/worker, to name a few). For Codas, growing up in two worlds, Deaf and Hearing, mediating and bridging these two worlds can exacerbate the stress and lead to burnout in their work (ie: as Professional Interpreters).

Sheila will demonstrate how the “Coda Parts” model explains our bicultural identities in our Communities of Deaf, Hearing and Coda. Sheila will use didactic, interactive, role play, drawing and group techniques to assist each participant to identify their own Deaf/Hearing/Coda parts, and how Codas can become more empowered by developing an internal ‘Coda Manager’ to navigate the “land of in-between”

Learning Objectives: At the end of the Workshop Codas will:

- 1) Identify the balance/imbalance of their own Deaf/Hearing/Coda parts.
- 2) Identify how these “Parts” affect their work lives at home, school and work both positively and negatively (ie: as interpreter).
- 3) Use Coda Parts ‘tool kit’ and road map to develop an internal “Coda Manager” plan to guide them through their 3(+) parts, to enhance their professional roles in all working fields but also as Interpreters.

Presenter Bio: Sheila Jacobs, MFT, is an OHCoda, and comes from a large Deaf family. She has developed the concept of “Coda Parts” to address the juggling of the two worlds of Deaf and Hearing Identities.

After working as a Marriage, Family therapist for 30 years, Sheila has expanded her Double Pride Company to include “Signing America” and “Signing Global” Programs to help bridge the family communication gap. She is also writing her memoir, “Sign Language is My Mother Tongue”, and writing for television.

Sheila Jacobs, MFT, has spent 25 years applying the Mental Health body of work of “Parts” to Codas (as well as other bilingual and bicultural groups), and in 1991 introduced the concept “Coda Parts” to the Coda Community.



Registry of Interpreter for the Deaf (RID) information

CEUs: This entire activity has been awarded (1.55) CEUs in the area of Professional Studies by The Registry Interpreters for the Deaf at the “Some” Content Knowledge Level for CMP and ACET participants. Partial CEUs will not be awarded.

Angela Funke is an approved RID CMP sponsor.

Sheila also worked for 15 years as a free-lance interpreter with a national reputation, and taught ASL and interpreting for ten years. Blending her life experiences as a Coda, Interpreter, Teacher, and Therapist, Sheila has developed new approaches for bilingual and bicultural individuals, couples and families

Workshop: it will be held in English.



Registry of
Interpreter for
the Deaf (RID)

Registration details

Retreat cost: for 1 person registration \$450, Group discount for 2 persons + registration \$350 each.

Lodging cost including 6 meals: single room \$380, shared double room \$260, no room but food only \$130

For retreat & lodging booking, please register on: <https://www.eventbrite.it/e/coda-parts-global-program-22-24-sept-2017-san-francisco-bay-area-tickets-36073720469>. All accommodations must be submitted in writing 14 days in advance. Refund & Cancellation Information available via E-Mail Request.

For questions: stephanie.signsofinclusion@gmail.com

For community sharing on FB: <https://www.facebook.com/CodaPartsGlobalProgram/>